



- COURSE NUMBER:** NURS 7172
CRN 87987
- COURSE TITLE:** Assessment and treatment of psychiatric mental and physical health of children
- CREDIT:** 6 Credit Hours
135 clinical hours
- PREREQUISITES:** Admission to graduate PMHN Program, NURS 7000, 7120, 7140, 7170, 7310, 7320, 7340, 7420, 7500, 7550, 7600, 7900.
- COREQUISITES** **Web-enhanced course with Four On Campus Meetings**
Thursdays from 4:00 p.m. to 6:30 p.m.
- CLASS MEETING DAYS:** **On-Campus Dates**
- FACULTY:** Tia Townsend, PMHNP-BC (Faculty)
Phone: 404-413-1112
Email: stownsend@gsu.edu
Office: 930-UL
- Lois Schwarze, MSN, APRN, FNP-BC, PCNP, PMHNP
Clinical Instructor
Room 934- UL
Phone: 404-415-1151
lschwarze1@gsu.edu
- COURSE OBJECTIVES:**
1. Use family, developmental, nursing, psychosocial theories and research findings relevant to the provision of physical and mental health care across the span of childhood and adolescence in psychiatric mental nursing practice.
 2. Develop increased understanding of diagnostic and pharmacologic modalities and utilize various diagnostic methods particular to children and adolescents in the assessment and management of child health and mental health problems used in advanced psychiatric mental health nursing practice
 3. Demonstrate knowledge of common health and mental health problems in children.
 4. Integrate knowledge of physiology, cognitive, and affective domain in the assessment and management of health and mental health care needs of children and adolescents with common health and mental health problems.
 5. Explore and apply psychotherapeutic strategies appropriate to children, adolescents, and families in one to one nurse-client relationship and as facilitator in family therapy process.
 6. Engage in the supervisory process in the advanced

- psychiatric mental health practicum.
7. Determine the most appropriate placement of individual therapy, group therapy, milieu treatment and community, with children and adolescents based treatment in the context of a total treatment program.
 8. Demonstrate ability to communicate and collaborate with health care team members in planning and providing integrative physical and mental health care for children and adolescents.
 9. Provide culturally competent care to meet the physical and psychiatric/mental health needs of children and adolescents having diverse backgrounds.
 10. Critically analyze national priorities and standards of care for children and adolescents in both physical and mental health care.
 11. Discuss relevant case examples of advocacy, consumer activism and family empowerment Identify various theories for family and group therapy.

CLINICAL OBJECTIVES Upon completion of the clinical practicum, the student will be able, in culturally diverse, populations to:

1. Perform clinical interviews and complete biopsychosocial assessments with children, adolescents and their family units.
2. Apply theories/principles in clinical practice for family and group therapy and participate in the supervisory process.
3. Perform systematic health histories, physical and mental health exams and development assessments on children with common health and mental health problems.
4. Make appropriate DSM-V diagnoses.
5. Develop treatment plans, recommendations and referrals that are appropriate and congruent with the individual's age, socioeconomic and cultural background.
6. Provide, with preceptor approval, initial treatment management, including interpreting histories, selecting appropriate diagnostic testing, pharmacotherapy and counseling for children and adolescents suffering from mental/emotional distress for children and adolescents.
7. Effectively perform on-going assessments on patients' progress.
8. Demonstrate an advanced knowledge base of psychiatric and physical assessment and diagnosis of mental health illnesses and physical health illness of children and adolescents and

their families.

9. Apply critical thinking, clinical judgment, and diagnostic reasoning principles to solve hypothetical mental and physical health illnesses of children and adolescents.
10. Integrate relevant research findings in management of selected mental health and physical health needs of children.