

## **NURS 7959- Adult-Gerontology ACNP I**

140 clinical hours

A major consideration in this clinical rotation is the management of acute and common recurring health problems; focusing on the acute care of adult clients across the adult lifespan. Site selection can be with any group focused on the adult population in a hospital-based setting, including IM and FP groups, hospitalist groups, specialty groups, intensivist groups, or emergency groups. Clinical preceptors may be a NP, DO, MD, or PA. For questions contact:

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### **Course Description:**

In this course, the student will provide advanced assessment and clinical decision-making activities in the management of adult and gerontological clients and their families either through direct intervention or by appropriate referral. The student will assess for and manage mild to moderately complex health problems of adult clients in the acute care settings. Nursing assessment and management competencies will include the evidence-based selection of appropriate diagnostic studies, pharmacological and other treatment interventions in collaboration with the responsible acute care providers. Content this semester also focuses on inter-professional collaboration.

### **Clinical Objectives:**

Perform a systematic health history and physical examination on adult clients with mild to moderately complex health problems.

Identify common recurring and chronic mild to moderately complex adult health problems.

Prepare a problem list based on collected data and identify alternate interventions.

Consult with the clinical preceptor regarding interpretation of the history, physical examination findings, the selection of diagnostic tests, and the therapeutic management of adult clients.

Formulate a discharge plan and prepare a discharge summary to include patient education, follow-up instructions, discharge medications, and summary of stay.

Generate patient healthcare information on clients with common recurring and chronic mild to moderately complex health problems across the adult lifespan, e.g., student tracking systems, dictation systems, and electronic medical records.

### **Course Objectives:**

Apply the nursing process to provide acute and urgent care for adult and gerontological clients with mild to complex health problems requiring admission to an acute care or urgent care facility.

Apply knowledge of physiological and psychosocial-cultural concepts and ethical standards in the assessment and management of health care needs of adult and gerontological clients with mild to moderately complex health problems.

Use demographic and developmental data to anticipate and plan for the health care needs of adult and gerontological clients.

Demonstrate knowledge of family development and family dynamics in providing health care for clients across the adult lifespan.

Analyze the lifestyle behaviors and risk factors that affect the health status of clients across the adult lifespan.

Organize, plan and provide health guidance for adult clients utilizing primary, secondary, and tertiary preventive strategies across the lifespan.

Illustrate understanding of diagnostic and pharmacologic interventions in the assessment and management of mild-moderately complex health problems across the adult lifespan.

Apply principles of evidence-based practice in providing health care for mild to moderately complex clients across the adult lifespan.

Demonstrate ability to communicate and collaborate with health care team members in planning, promoting, and providing health care for adult clients in the acute/urgent care settings across the adult lifespan.

Use Healthy People 2020 national health objectives to set goals for health promotion and disease prevention for clients across the adult lifespan.

Apply increased knowledge of the importance of ethical standards in advanced practice nursing across the adult lifespan.