

CAROLYN ROBINSON PODOLSKI OT/L M.A.
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OCCUPATIONAL THERAPY CURRICULUM VITAE

PROFILE: Professional and dedicated individual with 31 years of experience in all areas of Occupational Therapy. Skilled educator and clinician. Effective communicator with excellent work ethic.

EDUCATION: Master of Arts Degree in Motor Learning, 1994.
Teachers College of Columbia University, New York, NY.
Department of Movement Sciences and Education.

Bachelor of Science Degree in Occupational Therapy,
Cleveland State University, 1987.
Cleveland, OH.

Licensed in the State of Georgia
Member of AOTA
Member of GOTA

ACADEMIC APPOINTMENTS:

8/15 to present:

Georgia State University, Byrdine F. Lewis College of Nursing and Health Professions, Department of Occupational Therapy, Office 1244 Urban Life Building: Atlanta, Georgia
Academic Fieldwork Coordinator and Clinical Assistant Professor.

Responsibilities:

- Using ACOTE standards design, and implement Level I and Level II fieldwork program for all occupational therapy students in the upcoming masters in OT program.
- Develop fieldwork student manual and all materials for fieldwork documentation
- Develop legal contracts with local, regional and national fieldwork site placements
- Assist the Occupational Therapy Department Chair in ACOTE Candidacy application and Self-Study including developing strategic plan, vision, mission and philosophy of the OT program and curricular design.
- Chair of Occupational Therapy Department's Admissions Committee
- Member of the Byrdine F. Lewis College of Nursing and Health Professions Academic Affairs Committee, the Inter-Professional Education (IPE) Committee and the Department of Occupational Therapy Community Advisory Committee, Member of Lewis College Student Affairs Committee, Faculty advisor for Occupational Therapy Student Association (SOTA)
- Participate as a core faculty member and OT student advisor for the Georgia Leadership Education in Neurodevelopmental Disabilities program (GA-LEND) which is a grant funded program through the Maternal and Child Health Bureau
- Developed and taught Gross Human Anatomy lecture and lab prerequisite courses for Fall mini-mester 2016 for 19 incoming OT/M students
- Developed and taught the 4-semester course sequence of Fieldwork Seminars integrating the content from the didactic portion of the OT program with the student's experiences on their Fieldwork visits: OT 6140, OT 4240, OT 7140, OT 7240.
- Assisted in Development of an Inter-professional Education course for students in the Lewis College of Nursing and Health professions and co-taught the course.
- Participate in monthly Georgia Fieldwork Consortium meetings to keep abreast of current trends and regulations affecting fieldwork.

8/03-12/07:

University of Alabama at Birmingham: Birmingham, Alabama
Carolyn Robinson Podolski, MA, OT/L - pg 1

Course Instructor.

Responsibilities:

- Using ACOTE standards design, develop and teach courses in the Entry-level Graduate Occupational Therapy Program. Courses taught include.
 - Medical Conditions, Gross Anatomy, Pharmacology in Rehabilitation, Biomechanics Therapeutic Enhancement for Adults, Upper Extremity Dysfunction, Pediatric assessment lab
 - Elective taught: Role of OT working with Caregivers
- Participate in Faculty committees
- Advise graduate students
- Supervise student portfolio projects
- Participated in preparation of ACOTE and SACS Re-accreditation

9/94 to 5/03:

Sargent College, Boston University, Boston, Massachusetts

Clinical Assistant Professor.

Responsibilities:

- Using ACOTE standards designed, developed and taught courses and laboratory experiences for undergraduate and entry-level graduate students in the Occupational Therapy Program. Advised undergraduate and graduate students.
- Participated in numerous Faculty and University committees
- Participated in ACOTE Re-accreditation
- Chaired Search Committee for OT faculty
- Supervised graduate student projects and multiple independent studies
- Courses taught include:
 - Medical conditions (adult and pediatric), Adult physical dysfunction lecture and lab, Pediatric dysfunction lab, Clinical Skills, Activity Analysis, Functional Movement
 - Supervised graduate assistants
- Designed and implemented successful collaborative case-conference course with PT faculty
- Participated in a humanitarian aid trip sponsored by the "Chosen Children of Romania" organization with other BU faculty to work in an orphanage in Buzau, Romania. The work included: performing developmental assessments on the children, setting up a "play room" with equipment our OT students made in the Activities Lab, and trained the caregivers to provide additional stimulation and developmentally appropriate activities with the children.

CLINICAL POSITIONS:

10/13 to 5/15:

Independent Contractor with EBS Healthcare for Clayton County Public Schools, Ga.

Responsibilities:

- Provides skilled OT services to children from pre-school age through middle school with a variety of physical, cognitive and sensory disabilities.
- Formerly assess, complete all documentation including plan of care and IEP
- Attend IEP meetings and communicated OT findings and intervention planning with teachers and families.

12/08 to 10/13:

Integra Rehabilitation, Peachtree City Ga.

Staff therapist (full time)

Responsibilities:

- Evaluate, develop and implement intervention plan for geriatric clients with a variety of neurological and orthopedic and general medical conditions.
- Provide inpatient and outpatient skilled occupational therapy services
- Work as part of an interdisciplinary team to maximize client's functioning and transition clients to home environment
- Assist in screening clients for admission
- Provide Medicare documentation including RUG levels
- Supervised OTAs
- Clinical Supervisor for at least 6 Level I Fieldwork OT and OTA students and 3 Level

II OT Fieldwork students

2/08 to 12/08:

**Roosevelt Warm Springs Institute for Rehabilitation, Warm Springs, Ga.
Staff Therapist: Out-Patient (full time)**

Responsibilities:

- Developed out-patient OT program including promoting out-patient OT services to local doctors
- Evaluate, develop and implement intervention plan for pediatric and adult clients with a variety of neurological and orthopedic conditions.
- Work as part of an interdisciplinary team to maximize client's functioning.
- Participate in staff meetings and assist in quality assurance measures.

1/98 to 6/98:

New England Medical Center: Boston Ma.

Responsibilities:

- Part-time staff Occupational Therapist on the transitional care unit
- Provided direct patient care for patients with a wide variety of neurologic and orthopedic conditions
- Performed chart review, evaluation, treatment plan development and implementation and discharge planning
- Supervised Ota and rehab aids
- Provided educational in-services for the other staff OTs.

5/97 to 9/97:

Optimum Care; Boston Ma,

Responsibilities:

- Part time contract work as a staff therapist at Windgate of Brighton Nursing Home
- Provided direct patient care, including evaluation and documentation for geriatric clients.

6/95 to 12/96:

Mediplex of Brookline, Brookline, Ma.

Responsibilities:

- Part time contract Therapist to provide direct OT services for a geriatric population in a nursing home environment.
- Provided direct patient care, including evaluation and documentation for geriatric clients.

6/93 to 6/94

Kessler Institute for Rehabilitation. West Orange, NJ.

Responsibilities:

- Staff OT out-patient department
- Population includes CVA, spinal cord injured, arthritis, amputations, and various other orthopedic and neurologic trauma.
- Performed chart review, evaluation, treatment plan development and implementation and discharge planning
- Provided educational in-services to the OT and PT staff on motor learning theory in clinical practice

1/92 to 6/93

Shield Institute. Bronx, NY.

Responsibilities:

- Staff OT at a school for children with a variety of disabilities
- Early intervention provided for children with learning disabilities, developmental delay, cerebral palsy, HIV, and drug addicted at birth
- Responsible for IEP goal development and implementation

9/90 to 1/92:

Culpeper Memorial Hospital, Culpeper, VA.

Position: Director of OT. Responsibilities:

- Program development, Budget development, Development of quality assurance program
- Hired and supervised OT staff
- Treated the following populations; adult orthopedic and neurologic clients, pediatric neurologic and orthopedic clients, adult psychiatric in-patients clients, fulfilled 2 school contracts for K through high school aged children

- Participated in 6 month Medical Ethics education program and was a member of the Medical Ethics Committee.

6/89 to 8/90:

Medical Recruiters of America.

Ft. Lauderdale, FL. Traveling contract therapist to 5 locations. Each contract was approximately 4 months.

Rebound Rehabilitation Hospital. San Antonio, Tx.

- Primary population - head injured and CVA In-patient Rehab.

University of Virginia Medical Center, Charlottesville, Va.

- Primary population - CVA, spinal cord, orthopedic. In-patient Rehab

Tristate Regional Rehabilitation Hospital. Evansville, Indiana.

- Primary population - Neurologic adults, CVA and spinal cord. In-patient Rehab

Frye Regional Medical Center. Hickory, NC.

- Primary population - pain patients and psychiatric patients. In-patient and out-patient

Rio Vista Rehabilitation Hospital. El Paso, Tx.

- Primary population - Orthopedic In-patient Rehab.

10/87 to 6/89:

St Elizabeth Hospital Medical Center. Youngstown, Oh.

- Staff therapist
- Primary population: in-patients and out-patients, acute care adult and pediatric clients, including neurologic, orthopedic, cardiac, and rheumatologic conditions
- Supervised COTA students
- Presented in-services to professional staff on role of OT on a neurological unit and role of OT working with the elderly.

PROFESSIONAL PRESENTATIONS:

April 23, 2009 - Roosevelt Warm Springs Post-Polio Conference, Warm Springs , GA.
 “Modifying Activities of Daily Living to Accommodate New Weakness in Person’s with Post-Polio Syndrome.”

May 30-1, 2003 – Third Faculty Summer Institute at Sargent College of Health and Rehabilitation Sciences “Teaching Evidence-Based-Practice in Rehabilitation Professional Curricula- Academic and Clinical Teaching Workshops. Boston University, Boston, Ma.

Jan. 25, 2003- Clinicians’ Workshop sponsored by The OT Programs of Boston University and Tufts University. “Occupations as Intervention in Adult Rehabilitation: Supporting Evidence.”

Nov. 2002 – MAOT Conference. Marlboro, Ma. “Caring for the Caregiver: The role of Occupational Therapy”

Nov.2001: MAOT Conference: Marlborough, Ma. “Evidence to Support the Use of Occupation as a Treatment for Chronic Pain.”

May 2, 1998 and Feb 7, 1998: Educational Resources Inc. Presentation: “Demystifying the Treatment of Reflex Sympathetic Dystrophy” A one day lecture/workshop.

Nov.14, 1997: MAOT Conference: Co-Presented a 2 hour Workshop entitled “Managed Care in Home Health”

Oct. 1997 The Neurorehabilitation Conference sponsored by Braintree Rehabilitation Systems. Presented a 3 hour workshop entitled “The Application of Motor Learning for Rehabilitation Professionals”

Nov. 21 and 22, 1996 MAOT Conference; Partnerships through Productivity. 2 separate presentations entitled “The Importance of Touch in a Healthy, Productive life” and “Functional Application of Motor Learning”

Nov.2, 1996. 4th National Conference on Integrative Medicine and Wellness in Allied Health. Bethesda Maryland.2 hour presentation on the "Positive effects of Touch in therapy." Participants included OT, PT and nurses

Oct. 1996.Neurorehabilitation Conference: Traumatic Brain Injury and Stroke. Put on by Braintree Hospital Rehabilitation Network.
3 hour workshop Co-presented with Elizabeth Blanchard LPT entitled "Using Motor Learning Theory in PT and OT Practice"

Jan. 20, 1996. "Motor Learning" A joint effort presentation by Boston University and Tufts University . It was a 4 hour workshop for local clinicians to redeem vouchers for taking students on Level I Fieldwork.

April 1995, "Caring for Children with Disabilities" conference at Franciscan Children's Hospital, Boston, Ma. Presentation: The Relationship between Learning Styles and Motor Skills of Preschool Aged Children. Audience: teachers, therapists, social workers, parents.

PUBLICATIONS:

Trombly, C. & Podolski, C. (2002). Assessing abilities and capacities: Range of motion, strength and endurance. In C. Trombly & M. Radomski (Eds.), Occupational Therapy for Physical Dysfunction. 5th edition. (pp. 47-136). Baltimor Md.: Lippincott Williams & Wilkins.

Ma, H-I., Trombly, C.A., & Robinson-Podolski, C. (1999). The effect of context on skill acquisition and transfer. *American Journal of Occupational Therapy*, 53 (2). 138-144.

RECENT CONTINUEING EDUCATION:

April 2018: Attended Annual AOTA Conference in Salt Lake City, Utah

Participated in Inaugural Academic Fieldwork Coordinator's Annual Meeting and several workshops.

Oct. 6, 2017: Attended annual GAOTA Conference (Georgia Occupational Therapy Association) in Macon Ga. Participated in Georgia Fieldwork Consortium Workshop, Ethics for OT workshop and Georgia OT licensure update.

May 3-5, 2017: Attended IPEC annual conference: Inter-Professional Education: Building a Framework for Collaboration Inter-Professional Faculty Development Institute. AAMC Learning Center | Washington, DC. Went as part of the Inter-Professional Team representing Lewis College of Nursing and Health Professions.

March 28-April 2, 20017: Attended annual AOTA (American Occupational Therapy Association) Conference in Philadelphia, PA

Sept. 2016: Attended annual GAOTA (Georgia Occupational Therapy Association) Conference and business meeting in Atlanta, GA.

April 2016: Attended annual AOTA (American Occupational Therapy Association) in Chicago, Il.

Jan. 2016: Attended AOTA Self-Study Preparation Workshop in Alexandria, Va.